

# **Camp Gurmat Registration**

## **Registration and parent consent form**

July 19 - 25, 2009

(One form per Camper. Make copies if needed.)

Arrival Date: \_\_\_\_\_ Departure Date: \_\_\_\_\_

This is to certify that \_\_\_\_\_ is attending Camp Gurmat with my consent. His/her health history and other relevant information is given below.

This is also to certify that \_\_\_\_\_ has/does not have (circle one) my permission to learn/play/participate in Gatka. I understand this is a Martial sport and involves use of sticks, swords, and other sharp objects and may result in an injury accidentally.

### **General Information:**

Name: \_\_\_\_\_ Singh (male) or Kaur (female) **Circle one**

Date of birth: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ T-shirt Size (adult size; circle): S L  
Mo. Day Yr. M XL XXL

Address:

\_\_\_\_\_  
Street Name City State Zip

E-Mail address:

\_\_\_\_\_@\_\_\_\_\_

Parent Names: (Mom) \_\_\_\_\_ (Dad) \_\_\_\_\_  
Please print Please print

Phone Number:(\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

### **Health Information:**

Name of Health Insurance: \_\_\_\_\_ I.D. No.: \_\_\_\_\_

Address of Insurance:

\_\_\_\_\_

Current Prescription Drugs or Medication:

\_\_\_\_\_

Allergies: \_\_\_\_\_ Physical Limitations: \_\_\_\_\_

Year of Immunizations for: Diphtheria \_\_\_\_\_ Polio \_\_\_\_\_ Tetanus \_\_\_\_\_

Any special health considerations:

\_\_\_\_\_

In case of emergency: 1. \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Name Phone  
2. \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Enclosed is check number \_\_\_\_\_ for \$ \_\_\_\_\_ to cover \_\_\_\_\_  
Campers. \$175/youth # of youth  
**\*\* \$225.00 per camper if postmarked after 6/20/09\*\***

All checks shall be made payable to **Guru Gobind Singh Foundation** and mail to:

Hargurpreet Singh  
P.O. Box 4412  
Silver Spring, MD 20914

Please call 301-236-9312 or e-mail at [CampGurmat@gmail.com](mailto:CampGurmat@gmail.com) for accommodations/confirmations  
for Voluntary Sewa.

- Note: If you wish to enroll more than one camper, please duplicate this form. A LATE FEE OF \$50.00 APPLIES IF THIS FORM IS POST DATED AFTER 6/15/09. Please indicate below if your child needs any special food consideration e.g. does not eat meat/eggs etc.

I hereby agree to release and save harmless the Camp Organizers and volunteers, from any legal or monetary liabilities during my child's stay, including any injuries, at the camp. I am authorized to sign as parent.

\_\_\_\_\_  
Signature of Parent Date

\_\_\_\_\_  
Name of Parent

**Any Food Considerations/Comments/other Concerns:**

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### **AIR TRAVEL**

Any person coming/departing by air, the nearest airports are BWI International (preferred) and Dulles International  
Please reserve the plane tickets so the arrival is in the evening of 7-19-09 whereas departure is after 7:00 p.m. on 7-25-09.

### **SPECIAL NOTE:**

During all evening diwans, male campers are required to wear Kurta Pajama and Pagri. Female campers are required to wear salwar kameez and chunni. All campers are required to get ready before the diwan starts.

**CAMP  
GURMAT  
2009**

**July 19 - July 25**

**BY**

**GURU GOBIND  
SINGH  
FOUNDATION**

### **PURPOSE:**

To learn the Teachings of our Gurus and Guru Granth Sahib. To create an atmosphere where one can learn and enjoy Meditation and then can continue at home. To learn Sikh History and Gurmat

### **LOCATION**

Lothrop E. Smith Environmental  
Education Center  
5110 Meadowside Lane  
Rockville, MD  
20855

### **DIRECTIONS:**

From 495 take 270 North. Exit Shady Grove Road going east. Go about 3 miles, turn right at Mancaster Mill Road. Go another 3 miles and turn right on Meadowside Lane. The facility is on your right.

### **FURTHER INFORMATION:**

Please contact Hargurpreet Singh  
At 301-236-9312 or  
[CampGurmat@gmail.com](mailto:CampGurmat@gmail.com)

### **ARRIVAL AND DEPARTURE TIMES**

The Camp will start on July 19.  
Please plan to arrive between 5:30  
to 6:00 p.m. Dinner will be served  
- non-campers are requested to  
contribute \$5.00 per person.

The Camp will end on July 25. WE  
MUST CHECK OUT BY 10:00 a.m.  
from dorms. Parents are  
requested to attend the final  
program on July 25.

### **AGE LIMIT:**

Minimum 7 years  
Maximum 17 years.

### **ITEMS REQUIRED:**

The following are minimum  
suggested items that campers  
must bring with them:

1. Clothes for a week
2. Sufficient undergarments
3. Long sleeve jacket/sweater
4. Insect repellent
5. Pagri/Patka or Chunni
6. Two bed sheets, a pillow  
and a blanket
7. Laundry bag
8. Flashlight
9. Kleenex
10. Soap, deodorant,  
toothpaste, comb, **Shower  
cap (must)** etc.
11. Towels - 2 at least
12. Harmonium and Tabla
13. Fan

Please mark all items for  
identification.

**NO CHEWING GUM, CANDIES,  
RADIOS.**